

European Powerlifting Congress

European records powerlifting Men

European records - Powerlifting - men - European Powerlifting Congress

Update April 26.2013

| Men 56 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
|-------------|--------|-------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-----|
| Squat | 195,0 | 120,0 | 190,5 | 155,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Bench | 125,5 | 65,0 | 125,5 | 82,5 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Deadlift | 212,5 | 145,0 | 165,0 | 175,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Total | 455,0 | 330,0 | 472,5 | 412,5 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Men 60 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 235,0 | 200,0 | 182,5 | 225,0 | 155,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Bench | 140,0 | 140,0 | 110,0 | 125,0 | 80,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Deadlift | 215,5 | 200,0 | 215,0 | 200,0 | 170,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Total | 580,0 | 540,0 | 492,5 | 550,0 | 405,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Men 67,5 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 277,5 | 203,0 | 245,0 | 200,0 | 215,0 | 192,5 | 185,0 | 152,5 | 160,0 | 130,0 | 0,0 | 0,0 |
| Bench | 195,0 | 145,0 | 167,5 | 125,0 | 130,0 | 115,0 | 120,0 | 92,5 | 95,5 | 50,0 | 0,0 | 0,0 |
| Deadlift | 260,0 | 225,0 | 245,0 | 225,0 | 220,0 | 232,5 | 220,0 | 190,0 | 180,0 | 147,5 | 0,0 | 0,0 |
| Total | 725,0 | 565,0 | 650,0 | 520,0 | 550,0 | 540,0 | 525,0 | 400,0 | 420,0 | 327,5 | 0,0 | 0,0 |
| Men 75 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 300,0 | 292,5 | 262,5 | 282,5 | 240,0 | 240,0 | 230,0 | 160,0 | 160,0 | 92,5 | 0,0 | 0,0 |
| Bench | 208,0 | 192,5 | 167,5 | 190,0 | 160,0 | 156,0 | 165,0 | 102,5 | 105,5 | 67,5 | 0,0 | 0,0 |
| Deadlift | 290,0 | 275,0 | 270,0 | 277,5 | 262,5 | 232,5 | 260,0 | 185,0 | 200,0 | 130,0 | 0,0 | 0,0 |
| Total | 752,5 | 732,5 | 700,0 | 740,0 | 645,0 | 617,0 | 650,0 | 447,5 | 455,0 | 290,0 | 0,0 | 0,0 |
| Men 82,5 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 315,0 | 245,0 | 270,0 | 290,0 | 260,5 | 277,5 | 262,5 | 210,0 | 170,0 | 0,0 | 0,0 | 0,0 |
| Bench | 220,0 | 175,0 | 187,5 | 190,0 | 185,5 | 170,0 | 155,0 | 147,5 | 120,0 | 0,0 | 0,0 | 0,0 |
| Deadlift | 300,5 | 270,0 | 290,0 | 290,0 | 270,0 | 280,0 | 265,0 | 235,0 | 170,0 | 0,0 | 0,0 | 0,0 |
| Total | 837,5 | 670,0 | 740,0 | 770,0 | 687,5 | 717,5 | 682,5 | 592,5 | 430,0 | 0,0 | 0,0 | 0,0 |
| Men 90,0 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 335,5 | 320,0 | 300,5 | 316,0 | 322,5 | 280,0 | 260,0 | 230,0 | 180,0 | 167,5 | 0,0 | 0,0 |
| Bench | 262,5 | 215,0 | 200,0 | 202,5 | 190,0 | 177,5 | 182,5 | 122,5 | 126,0 | 117,5 | 0,0 | 0,0 |
| Deadlift | 325,5 | 280,0 | 320,0 | 312,5 | 283,0 | 287,5 | 230,0 | 225,0 | 200,0 | 183,5 | 0,0 | 0,0 |
| Total | 867,5 | 800,0 | 811,0 | 792,5 | 757,5 | 717,5 | 672,5 | 575,0 | 496,0 | 465,0 | 0,0 | 0,0 |
| Men 100 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 410,0 | 290,0 | 320,0 | 380,0 | 385,0 | 355,0 | 250,0 | 230,0 | 220,0 | 220,0 | 0,0 | 0,0 |
| Bench | 255,0 | 200,0 | 215,0 | 215,0 | 250,0 | 212,5 | 200,0 | 200,0 | 140,0 | 130,0 | 0,0 | 0,0 |
| Deadlift | 350,5 | 285,0 | 325,0 | 345,0 | 335,0 | 305,0 | 240,0 | 235,0 | 230,0 | 235,0 | 0,0 | 0,0 |
| Total | 972,5 | 760,0 | 817,5 | 945,0 | 927,5 | 872,5 | 200,0 | 610,0 | 570,0 | 575,0 | 0,0 | 0,0 |
| Men 110 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 415,0 | 280,5 | 341,0 | 342,5 | 380,0 | 375,0 | 275,0 | 230,0 | 210,0 | 0,0 | 0,0 | 0,0 |
| Bench | 270,0 | 185,0 | 226,0 | 230,0 | 250,0 | 205,0 | 200,5 | 200,0 | 140,0 | 0,0 | 0,0 | 0,0 |
| Deadlift | 368,0 | 340,0 | 343,0 | 362,5 | 332,5 | 335,0 | 288,0 | 220,0 | 227,5 | 0,0 | 0,0 | 0,0 |
| Total | 1043,0 | 805,0 | 901,0 | 900,0 | 907,5 | 910,0 | 702,5 | 640,0 | 570,0 | 0,0 | 0,0 | 0,0 |
| Men 125 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 420,0 | 287,5 | 380,0 | 347,5 | 350,0 | 342,5 | 320,0 | 320,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Bench | 268,5 | 202,5 | 260,0 | 235,5 | 227,5 | 237,5 | 200,5 | 165,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Deadlift | 389,0 | 255,5 | 389,0 | 342,5 | 365,0 | 357,5 | 342,5 | 320,5 | 0,0 | 0,0 | 0,0 | 0,0 |
| Total | 1027,5 | 718,0 | 965,0 | 900,0 | 870,0 | 900,0 | 827,5 | 800,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Men 140 kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 415,0 | 0,0 | 400,0 | 340,5 | 350,0 | 373,0 | 345,0 | 345,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Bench | 275,5 | 0,0 | 315,0 | 210,0 | 210,0 | 240,0 | 188,0 | 178,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Deadlift | 392,5 | 0,0 | 377,5 | 300,0 | 353,5 | 360,0 | 333,0 | 335,5 | 0,0 | 0,0 | 0,0 | 0,0 |
| Total | 1010,0 | 0,0 | 1035,0 | 830,5 | 855,0 | 902,5 | 864,0 | 833,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Men 140+ kg | Open | 15-19 | Junior | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80+ |
| Squat | 435,0 | 0,0 | 280,0 | 421,5 | 335,0 | 325,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Bench | 345,0 | 0,0 | 200,0 | 250,0 | 197,5 | 177,5 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Deadlift | 402,5 | 0,0 | 285,0 | 368,0 | 285,0 | 275,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| Total | 1090,0 | 0,0 | 765,0 | 1027,0 | 800,0 | 775,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |

European Powerlifting Congress

European records powerlifting Men

European records - Powerlifting - men - European Powerlifting Congress

| | | | | |
|--------------------|-------------|-------------------|-----|----------|
| Men 56 kg | Open | | | |
| Squat | 195,0 | Cavagna | Ita | |
| Bench | 125,5 | Tronke | Ger | |
| Deadlift | 212,5 | Mitchell | GBR | |
| Total | 455,0 | Mitchell | GBR | |
| Men 60 kg | Open | | | |
| Squat | 235,0 | Cavagna | Ita | |
| Bench | 140,0 | Mouchfig | Azn | |
| Deadlift | 215,5 | Galkine | Rus | |
| Total | 580,0 | Cavagna | Ita | |
| Men 67,5 kg | Open | | | |
| Squat | 277,5 | Ruairi Mc Cann | IRL | 02.06.11 |
| Bench | 195,0 | Mannering | GBR | |
| Deadlift | 260,0 | Fourie | Fra | |
| Total | 725,0 | Mannering | GBR | |
| Men 75 kg | Open | | | |
| Squat | 300,0 | Eccelli | Ita | |
| Bench | 208,0 | Mannering | GBR | |
| Deadlift | 290,0 | Callan | GBR | |
| Total | 752,5 | Callan | GBR | |
| Men 82,5 kg | Open | | | |
| Squat | 315,0 | Peter Bartlett | GBR | |
| Bench | 220,0 | Bartlett | GBR | |
| Deadlift | 300,5 | St.Pryakhin | Rus | 26.06.09 |
| Total | 837,5 | Vaccari | Ita | |
| Men 90,0 kg | Open | | | |
| Squat | 335,5 | Jakob Kristensen | GBR | 02.11.12 |
| Bench | 262,5 | B.Delaney | IRL | 12.11.09 |
| Deadlift | 325,5 | Donovan | GBR | |
| Total | 867,5 | Jakob Kristensen | GBR | 02.11.12 |
| Men 100 kg | Open | | | |
| Squat | 410,0 | Hammerton | GBR | |
| Bench | 255,0 | Coombes, Craige | GBR | 22.06.06 |
| Deadlift | 350,5 | Depner | Aut | |
| Total | 972,5 | Hammerton | GBR | |
| Men 110 kg | Open | | | |
| Squat | 415,0 | Stoyan Andreev | Bul | 03.11.12 |
| Bench | 270,0 | Coombes, Craig | GBR | 24.11.06 |
| Deadlift | 368,0 | Stoyan Andreev | Bul | 03.11.12 |
| Total | 1043,0 | Stoyan Andreev | Bul | 03.11.12 |
| Men 125 kg | Open | | | |
| Squat | 420,0 | Neighbour | GBR | |
| Bench | 268,5 | D.D.Benec | Bul | 03.06.11 |
| Deadlift | 389,0 | Bolton | GBR | |
| Total | 1027,5 | R.Aghayev | Azr | 13.11.09 |
| Men 140 kg | Open | | | |
| Squat | 415,0 | Stoten | GBR | |
| Bench | 275,5 | Bell | GBR | |
| Deadlift | 392,5 | Bolton | GBR | |
| Total | 1010,0 | TH.Kristbergsoson | Ice | 16.11.08 |
| Men 140+ kg | Open | | | |
| Squat | 435,0 | S.Fossdal | Ice | 13.11.09 |
| Bench | 345,0 | S.Fossdal | Ice | 13.11.09 |
| Deadlift | 402,5 | Tregloan | GBR | |
| Total | 1090,0 | S.Fossdal | Ice | 13.11.09 |

European Powerlifting Congress

European records powerlifting Men

European records - Powerlifting - men - European Powerlifting Congress

| | | | |
|--------------------|---|---------------------------------------|--|
| Men 56 kg | T15-19 | Junior | |
| Squat | 120,0 J.Hough GBR 03.11.10 | 190,5 Tronke Ger | |
| Bench | 65,0 A.Steinbrecher Ger 15.11.08 | 125,5 Tronke Ger | |
| Deadlift | 145,0 J.Hough GBR 03.11.10 | 165,0 Lackner Aut | |
| Total | 330,0 J.Hough GBR 03.11.10 | 472,5 Tronke Ger | |
| Men 60 kg | T15-19 | Junior | |
| Squat | 200,0 Mushfik Azn | 182,5 Morett Fra | |
| Bench | 140,0 Mushfik Azn | 110,0 Ch.Phelps GBR 16.04.11 | |
| Deadlift | 200,0 Mushfik Azn | 215,0 Oster Bel | |
| Total | 540,0 Mushfik Azn | 492,5 Morett Fra | |
| Men 67,5 kg | T15-19 | Junior | |
| Squat | 203,0 A.Jones GBR 15.11.08 | 245,0 R.McCann IRL 04.11.10 | |
| Bench | 145,0 Marsden GBR | 167,5 R.McCann IRL 04.11.10 | |
| Deadlift | 225,0 Oster Bel | 245,0 Gayle GBR | |
| Total | 565,0 Marsden GBR | 650,0 R.McCann IRL 04.11.10 | |
| Men 75 kg | T15-19 | Junior | |
| Squat | 292,5 Alexander Karpenko Rus 02.06.11 | 262,5 G.Smith IRL 04.11.10 | |
| Bench | 192,5 Alexander Karpenko Rus 02.06.11 | 167,5 G.Smith IRL 04.11.10 | |
| Deadlift | 275,0 Mombert Bel | 270,0 G.Smith IRL 04.11.10 | |
| Total | 732,5 Alexander Karpenko Rus 02.06.11 | 700,0 G.Smith IRL 04.11.10 | |
| Men 82,5 kg | T15-19 | Junior | |
| Squat | 245,0 Jones GBR | 270,0 Mario Purkarthofer Aut 26.06.08 | |
| Bench | 175,0 Jones GBR | 187,5 D.Longford GBR 05.11.10 | |
| Deadlift | 270,0 Jones GBR | 290,0 D.Longford GBR 05.11.10 | |
| Total | 670,0 Jones GBR | 740,0 D.Longford GBR 05.11.10 | |
| Men 90,0 kg | T15-19 | Junior | |
| Squat | 320,0 D.L.Vesell Bul 02.06.11 | 300,5 D.Longford GBR 16.04.11 | |
| Bench | 215,0 D.L.Vesell Bul 02.06.11 | 200,0 D.Longford GBR 16.04.11 | |
| Deadlift | 280,0 Jones GBR | 320,0 Mombert Bel | |
| Total | 800,0 D.L.Vesell Bul 02.06.11 | 811,0 D.Longford GBR 16.04.11 | |
| Men 100 kg | T15-19 | Junior | |
| Squat | 290,0 Schwab Aut | 320,0 P.Olason Ice 05.11.10 | |
| Bench | 200,0 Hill, Josh GBR 24.11.06 | 215,0 O.Williamson GBR 26.06.09 | |
| Deadlift | 285,0 Schwab Aut | 325,0 Raynes GBR | |
| Total | 760,0 Hill, Josh GBR 24.11.06 | 817,5 R.Kastl Aut | |
| Men 110 kg | T15-19 | Junior | |
| Squat | 280,5 Hafliði Arnar Bjarnson Ice 03.11.12 | 341,0 Raynes GBR | |
| Bench | 185,0 Hafliði Arnar Bjarnson Ice 03.11.12 | 226,0 R.Aghayev Azn | |
| Deadlift | 340,0 Hafliði Arnar Bjarnson Ice 03.11.12 | 343,0 Raynes GBR | |
| Total | 805,0 Hafliði Arnar Bjarnson Ice 03.11.12 | 901,0 R.Aghayev Azn | |
| Men 125 kg | T15-19 | Junior | |
| Squat | 287,5 D.Fazzini GBR 05.11.10 | 380,0 Bolton GBR | |
| Bench | 202,5 Joshua Harris GBR 21.04.13 | 260,0 Buck GBR | |
| Deadlift | 255,5 Joshua Harris GBR 21.04.13 | 389,0 Bolton GBR | |
| Total | 718,0 Joshua Harris GBR 21.04.13 | 965,0 Bolton GBR | |
| Men 140 kg | T15-19 | Junior | |
| Squat | | 400,0 P.Logarson Ice 13.11.09 | |
| Bench | | 315,0 Victor Malyugin Rus 11.11.11 | |
| Deadlift | | 377,5 Bolton GBR | |
| Total | | 1035,0 P.Logarson Ice 13.11.09 | |
| Men 140+ kg | T15-19 | Junior | |
| Squat | | 280,0 Wegscheider Aut | |
| Bench | | 200,0 Wegscheider Aut | |
| Deadlift | | 285,0 Wegscheider Aut | |
| Total | | 765,0 Wegscheider Aut | |

European Powerlifting Congress

European records powerlifting Men

European records - Powerlifting - men - European Powerlifting Congress

| | | | | | | | | | | |
|--------------------|---------------|-----------------|-----|----------|--|---------------|-----------------------|-----|----------|--|
| Men 56 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 155,0 | Mellor | GBR | | | | | | | |
| Bench | 82,5 | Mellor | GBR | | | | | | | |
| Deadlift | 175,0 | Mellor | GBR | | | | | | | |
| Total | 412,5 | Mellor | GBR | | | | | | | |
| Men 60 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 225,0 | Galkine | Rus | | | 155,0 | S.Cregan | Ire | 03.11.10 | |
| Bench | 125,0 | Galkine | Rus | | | 80,0 | S.Cregan | Ire | 03.11.10 | |
| Deadlift | 200,0 | Galkine | Rus | | | 170,0 | S.Cregan | Ire | 03.11.10 | |
| Total | 550,0 | Galkine | Rus | | | 405,0 | S.Cregan | Ire | 03.11.10 | |
| Men 67,5 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 200,0 | Adam Willis | GBR | 15.11.08 | | 215,0 | Berg | GBR | | |
| Bench | 125,0 | Heindl | Aut | | | 130,0 | Berg | GBR | | |
| Deadlift | 225,0 | Heindl | Aut | | | 220,0 | Berg | GBR | | |
| Total | 520,0 | Heindl | Aut | | | 550,0 | Berg | GBR | | |
| Men 75 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 282,5 | Callan | GBR | | | 240,0 | Berg | GBR | | |
| Bench | 190,0 | Vincent Halbot | Fra | 20.04.13 | | 160,0 | Hoppenbroewers, Coert | Ned | 16.11.03 | |
| Deadlift | 277,5 | Callan | GBR | | | 262,5 | Hoppenbroewers, Coert | Ned | 28.02.04 | |
| Total | 740,0 | Callan | GBR | | | 645,0 | Hoppenbroewers, Coert | Ned | 16.11.03 | |
| Men 82,5 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 290,0 | Duffy | GBR | | | 260,5 | Ph.Beniston | GBR | 24.04.10 | |
| Bench | 190,0 | Duffy | GBR | | | 185,5 | Ph.Beniston | GBR | 05.11.10 | |
| Deadlift | 290,0 | Duffy | GBR | | | 270,0 | Hoppenbroewers, Coert | Ned | 25.11.04 | |
| Total | 770,0 | Duffy | GBR | | | 687,5 | Ph.Beniston | GBR | 05.11.10 | |
| Men 90,0 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 316,0 | Dean Drury | GBR | 27.06.08 | | 322,5 | Dean Drury | GBR | 02.11.12 | |
| Bench | 202,5 | Tierney, Gerard | GBR | 24.11.06 | | 190,0 | Birring | GBR | | |
| Deadlift | 312,5 | Paul Murphy | GBR | 2012w | | 283,0 | G.Nicholas | GBR | 16.04.11 | |
| Total | 792,5 | Paul Murphy | GBR | 2012w | | 757,5 | D.Drury | GBR | 21.04.13 | |
| Men 100 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 380,0 | West | GBR | | | 385,0 | West | GBR | | |
| Bench | 215,0 | Bell | GBR | | | 250,0 | Frederic Buttigieg | Fra | 03.11.12 | |
| Deadlift | 345,0 | White | GBR | | | 335,0 | West | GBR | | |
| Total | 945,0 | Allison | GBR | | | 927,5 | West | GBR | | |
| Men 110 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 342,5 | Neighbour | GBR | | | 380,0 | Bill West | GBR | | |
| Bench | 230,0 | Neighbour | GBR | | | 250,0 | Frederic Buttigieg | Fra | 20.04.13 | |
| Deadlift | 362,5 | Carter | GBR | | | 332,5 | Holleitner, Gerhard | Aus | 24.11.06 | |
| Total | 900,0 | Neighbour | GBR | | | 907,5 | Bill West | GBR | | |
| Men 125 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 347,5 | P.Bongers | Ned | 13.11.09 | | 350,0 | Carter | GBR | | |
| Bench | 235,5 | Fahner, Jaap | Ned | 16.11.03 | | 227,5 | Gunnar Runnarson | Isl | 11.11.11 | |
| Deadlift | 342,5 | Fahner, Jaap | Ned | 26.06.04 | | 365,0 | Carter | GBR | | |
| Total | 900,0 | Fahner, Jaap | Ned | 26.06.05 | | 870,0 | Fahner, Jaap | NL | 22.06.06 | |
| Men 140 kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 340,5 | P.Bongers | Ned | 15.11.08 | | 350,0 | Carter | GBR | | |
| Bench | 210,0 | Jens Pollex | Ger | 28.06.08 | | 210,0 | Holleitner, Gerhard | AUT | 11.11.05 | |
| Deadlift | 300,0 | Smith, Carl | Aut | | | 353,5 | Carter | GBR | | |
| Total | 830,5 | P.Bongers | Ned | 15.11.08 | | 855,0 | Carter | GBR | | |
| Men 140+ kg | M40-44 | | | | | M45-49 | | | | |
| Squat | 421,5 | Tregloan | GBR | | | 335,0 | R.Fricker | GBR | 26.06.10 | |
| Bench | 250,0 | Tregloan | GBR | | | 197,5 | R.Fricker | GBR | 15.11.08 | |
| Deadlift | 368,0 | Tregloan | GBR | | | 285,0 | R.Fricker | GBR | 26.06.10 | |
| Total | 1027,0 | Tregloan | GBR | | | 800,0 | R.Fricker | GBR | 26.06.10 | |

European Powerlifting Congress

European records powerlifting Men

European records - Powerlifting - men - European Powerlifting Congress

| | | | | | | | | | |
|--------------------|---------------|-----------------|-----|----------|---------------|------------------|-----|----------|--|
| Men 56 kg | M50-54 | | | | M55-59 | | | | |
| Squat | | | | | | | | | |
| Bench | | | | | | | | | |
| Deadlift | | | | | | | | | |
| Total | | | | | | | | | |
| Men 60 kg | M50-54 | | | | M55-59 | | | | |
| Squat | | | | | | | | | |
| Bench | | | | | | | | | |
| Deadlift | | | | | | | | | |
| Total | | | | | | | | | |
| Men 67,5 kg | M50-54 | | | | M55-59 | | | | |
| Squat | 192,5 | Mullan | GBR | | 185,0 | Fidilio, Antonio | Ger | 20.06.03 | |
| Bench | 115,0 | Mullan | GBR | | 120,0 | Fidilio, Antonio | Ger | 20.06.03 | |
| Deadlift | 232,5 | Mullan | GBR | | 220,0 | Fidilio, Antonio | Ger | 20.06.03 | |
| Total | 540,0 | Mullan | GBR | | 525,0 | Fidilio, Antonio | Ger | 20.06.03 | |
| Men 75 kg | M50-54 | | | | M55-59 | | | | |
| Squat | 240,0 | Calin Eschenasy | Ger | 29.04.07 | 230,0 | K.Elison | Isl | 02.06.11 | |
| Bench | 156,0 | M'Pasqua | Ita | | 165,0 | K.Elison | Isl | 02.06.11 | |
| Deadlift | 232,5 | Calin Eschenasy | Ger | 03.05.08 | 260,0 | K.Elison | Isl | 04.11.10 | |
| Total | 617,0 | Calin Eschenasy | Ger | 29.04.07 | 650,0 | K.Elison | Isl | 02.06.11 | |
| Men 82,5 kg | M50-54 | | | | M55-59 | | | | |
| Squat | 277,5 | Brown | GBR | | 262,5 | Brown R | GBR | | |
| Bench | 170,0 | Brown | GBR | | 155,0 | Brown R | GBR | | |
| Deadlift | 280,0 | Brown | GBR | | 265,0 | Brown R | GBR | | |
| Total | 717,5 | Brown | GBR | | 682,5 | Brown R | GBR | | |
| Men 90,0 kg | M50-54 | | | | M55-59 | | | | |
| Squat | 280,0 | Jordon | GBR | | 260,0 | Alfred Bjornsson | Ice | 02.11.12 | |
| Bench | 177,5 | Birring | GBR | | 182,5 | Alfred Bjornsson | Ice | 02.11.12 | |
| Deadlift | 287,5 | Bannaghan | GBR | | 230,0 | Alfred Bjornsson | Ice | 02.11.12 | |
| Total | 717,5 | Brown | GBR | | 672,5 | Alfred Bjornsson | Ice | 02.11.12 | |
| Men 100 kg | M50-54 | | | | M55-59 | | | | |
| Squat | 355,0 | J.Gunnarsson | Ice | 05.11.10 | 250,0 | Harry Whale | GBR | 03.11.12 | |
| Bench | 212,5 | J.Gunnarsson | Ice | 05.11.10 | 200,0 | Harry Whale | GBR | 03.11.12 | |
| Deadlift | 305,0 | J.Gunnarsson | Ice | 05.11.10 | 240,0 | K.Williams | GBR | | |
| Total | 872,5 | J.Gunnarsson | Ice | 05.11.10 | 200,0 | Harry Whale | GBR | 03.11.12 | |
| Men 110 kg | M50-54 | | | | M55-59 | | | | |
| Squat | 375,0 | West | GBR | | 275,0 | Campbell, Robert | GBR | 24.11.06 | |
| Bench | 205,0 | H.Whale | GBR | 25.04.10 | 200,5 | Harry Whale | GBR | 22.04.12 | |
| Deadlift | 335,0 | West | GBR | | 288,0 | Brown M | GBR | | |
| Total | 910,0 | West | GBR | | 702,5 | Campbell, Robert | GBR | 11.11.05 | |
| Men 125 kg | M50-54 | | | | M55-59 | | | | |
| Squat | 342,5 | Carter | GBR | | 320,0 | Carter, David | GBR | 26.06.04 | |
| Bench | 237,5 | R.van der Tak | Ned | 13.11.09 | 200,5 | Harry Whale | GBR | 22.04.12 | |
| Deadlift | 357,5 | Carter | GBR | | 342,5 | Carter, David | GBR | 26.06.04 | |
| Total | 900,0 | R.van der Tak | Ned | 07.03.09 | 827,5 | Carter, David | GBR | 26.06.04 | |
| Men 140 kg | M50-54 | | | | M55-59 | | | | |
| Squat | 373,0 | Carter | GBR | | 345,0 | Carter, David | GBR | 22.06.07 | |
| Bench | 240,0 | R.v.d.Tak | Ned | 06.03.10 | 188,0 | Carter, David | GBR | 24.11.06 | |
| Deadlift | 360,0 | Carter | GBR | | 333,0 | Carter, David | GBR | 24.11.06 | |
| Total | 902,5 | Carter | GBR | | 864,0 | Carter, David | GBR | 24.11.06 | |
| Men 140+ kg | M50-54 | | | | M55-59 | | | | |
| Squat | 325,0 | Richard Fricker | GBR | 03.06.11 | | | | | |
| Bench | 177,5 | Richard Fricker | GBR | 22.04.12 | | | | | |
| Deadlift | 275,0 | Richard Fricker | GBR | 03.06.11 | | | | | |
| Total | 775,0 | Richard Fricker | GBR | 03.06.11 | | | | | |

European Powerlifting Congress

European records powerlifting Men

European records - Powerlifting - men - European Powerlifting Congress

| | | |
|--------------------|--|---|
| Men 56 kg | M60-64 | M65-69 |
| Squat | | |
| Bench | | |
| Deadlift | | |
| Total | | |
| Men 60 kg | M60-64 | M65-69 |
| Squat | | |
| Bench | | |
| Deadlift | | |
| Total | | |
| Men 67,5 kg | M60-64 | M65-69 |
| Squat | 152,5 Necessary Aut | 160,0 Luffman GBR |
| Bench | 92,5 Necessary Aut | 95,5 Evans GBR |
| Deadlift | 190,0 Evans GBR | 180,0 Evans GBR |
| Total | 400,0 Necessary Aut | 420,0 Luffman GBR |
| Men 75 kg | M60-64 | M65-69 |
| Squat | 160,0 Claude Fra | 160,0 Bolotov Rus |
| Bench | 102,5 Claude Fra | 105,5 Evans GBR |
| Deadlift | 185,0 Claude Fra | 200,0 Bolotov Rus |
| Total | 447,5 Claude Fra | 455,0 Bolotov Rus |
| Men 82,5 kg | M60-64 | M65-69 |
| Squat | 210,0 Dillon, Thomas IRL 24.11.06 | 170,0 William Kidd Irl 02.06.11 |
| Bench | 147,5 Dillon, Thomas IRL 24.11.06 | 120,0 Brown R GBR |
| Deadlift | 235,0 Dillon, Thomas IRL 24.11.06 | 170,0 Brown R GBR |
| Total | 592,5 Dillon, Thomas IRL 24.11.06 | 430,0 William Kidd Irl 02.06.11 |
| Men 90,0 kg | M60-64 | M65-69 |
| Squat | 230,0 Ken Williams GBR 02.11.12 | 180,0 D.Clements GBR 18.04.09 |
| Bench | 122,5 Ken Williams GBR 21.04.12 | 126,0 D.Clements GBR 05.11.10 |
| Deadlift | 225,0 Ken Williams GBR 02.11.12 | 200,0 D.Clements GBR 19.04.08 |
| Total | 575,0 Ken Williams GBR 02.11.12 | 496,0 D.Clements GBR 05.11.10 |
| Men 100 kg | M60-64 | M65-69 |
| Squat | 230,0 K.Williams GBR 25.04.10 | 220,0 David Clemens GBR 03.11.12 |
| Bench | 200,0 K.Kurscheit Ger | 140,0 David Clemens GBR 17.04.11 |
| Deadlift | 235,0 K.Williams GBR 25.04.10 | 230,0 David Clemens GBR 03.11.12 |
| Total | 610,0 K.Williams GBR 25.04.10 | 570,0 David Clemens GBR 03.11.12 |
| Men 110 kg | M60-64 | M65-69 |
| Squat | 230,0 Kurscheit, Klaus Ger | 210,0 Robert Todd GBR 03.11.12 |
| Bench | 200,0 Kurscheit, Klaus Ger | 140,0 Robert Todd GBR 22.4.12. |
| Deadlift | 220,0 Kurscheit, Klaus Ger | 227,5 Robert Todd GBR 03.11.12 |
| Total | 640,0 Kurscheit, Klaus Ger | 570,0 Robert Todd GBR 03.11.12 |
| Men 125 kg | M60-64 | M65-69 |
| Squat | 320,0 David Carter GBR 03.06.11 | |
| Bench | 165,0 David Carter GBR 03.06.11 | |
| Deadlift | 320,5 David Carter GBR 17.04.11 | |
| Total | 800,0 David Carter GBR 27.06.09 | |
| Men 140 kg | M60-64 | M65-69 |
| Squat | 345,0 David Carter GBR 28.06.08 | |
| Bench | 178,0 David Carter GBR 28.06.08 | |
| Deadlift | 335,5 David Carter GBR 15.11.08 | |
| Total | 833,0 David Carter GBR 28.06.08 | |
| Men 140+ kg | M60-64 | M65-69 |
| Squat | | |
| Bench | | |
| Deadlift | | |
| Total | | |

European Powerlifting Congress

European records powerlifting Men

European records - Powerlifting - men - European Powerlifting Congress

| | | | | | | |
|--------------------|---------------|----------------|-----|----------|--|---------------|
| Men 56 kg | M70-74 | | | | | M75-79 |
| Squat | | | | | | |
| Bench | | | | | | |
| Deadlift | | | | | | |
| Total | | | | | | |
| Men 60 kg | M70-74 | | | | | M75-79 |
| Squat | | | | | | |
| Bench | | | | | | |
| Deadlift | | | | | | |
| Total | | | | | | |
| Men 67,5 kg | M70-74 | | | | | M75-79 |
| Squat | 130,0 | B.Evans | GBR | 18.04.09 | | |
| Bench | 50,0 | B.Evans | GBR | 18.04.09 | | |
| Deadlift | 147,5 | B.Evans | GBR | 18.04.09 | | |
| Total | 327,5 | B.Evans | GBR | 18.04.09 | | |
| Men 75 kg | M70-74 | | | | | M75-79 |
| Squat | 92,5 | Ulrich Mielich | GER | EU 12 | | |
| Bench | 67,5 | Ulrich Mielich | GER | EU 12 | | |
| Deadlift | 130,0 | Ulrich Mielich | GER | EU 12 | | |
| Total | 290,0 | Ulrich Mielich | GER | EU 12 | | |
| Men 82,5 kg | M70-74 | | | | | M75-79 |
| Squat | | | | | | |
| Bench | | | | | | |
| Deadlift | | | | | | |
| Total | | | | | | |
| Men 90,0 kg | M70-74 | | | | | M75-79 |
| Squat | 167,5 | Dominic Avo | GBR | 21.04.12 | | |
| Bench | 117,5 | Dominic Avo | GBR | 21.04.12 | | |
| Deadlift | 183,5 | Dominic Avo | GBR | 2.6.11. | | |
| Total | 465,0 | Dominic Avo | GBR | 2.6.11. | | |
| Men 100 kg | M70-74 | | | | | M75-79 |
| Squat | 220,0 | David Clements | GBR | 21.04.13 | | |
| Bench | 130,0 | David Clements | GBR | 21.04.13 | | |
| Deadlift | 235,0 | David Clements | GBR | 21.04.13 | | |
| Total | 575,0 | David Clements | GBR | 21.04.13 | | |
| Men 110 kg | M70-74 | | | | | M75-79 |
| Squat | | | | | | |
| Bench | | | | | | |
| Deadlift | | | | | | |
| Total | | | | | | |
| Men 125 kg | M70-74 | | | | | M75-79 |
| Squat | | | | | | |
| Bench | | | | | | |
| Deadlift | | | | | | |
| Total | | | | | | |
| Men 140 kg | M70-74 | | | | | M75-79 |
| Squat | | | | | | |
| Bench | | | | | | |
| Deadlift | | | | | | |
| Total | | | | | | |
| Men 140+ kg | M70-74 | | | | | M75-79 |
| Squat | | | | | | |
| Bench | | | | | | |
| Deadlift | | | | | | |
| Total | | | | | | |

European Powerlifting Congress

European records powerlifting Men

European records - Powerlifting - men - European Powerlifting Congress

| | |
|-------------|------|
| Men 56 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 60 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 67,5 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 75 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 82,5 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 90,0 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 100 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 110 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 125 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 140 kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |
| Men 140+ kg | M80+ |
| Squat | |
| Bench | |
| Deadlift | |
| Total | |